



Breakfast

9am – 12pm

*Balcony seating & Takeaway available,
eat on the beach!*



@seasprayfistral

Blueberry Bacon Pancakes

Sea Spray's blueberry Pancakes, maple glazed streaky bacon, Cornish butter, blueberry infused maple syrup, honeycomb shards. 8.50

Summertime Pancakes

Sea Spray's pancakes, griddled Peach, coconut milk and strawberry yogurt, fresh strawberry, pistachio crumb, lavender honey, mint. 8.5 (veggie)

Straight-up Avo

Da Bara sourdough toast, smashed avocado, roasted cherry toms, streaky bacon, fried egg, herby olive oil. 9.00 (GF available)

Wake-up Avo

Da Bara sourdough toast, smashed avocado, pomegranate, toasted walnuts, harissa glaze, dukkha, Pico de Gallo. 8.00 (Vegan, GF available)

add bacon 2.00 add fried egg 1.00

Sea Spray Breakfast

Da Bara sourdough toast, Cornish butter, fried egg, mushrooms, roast cherry toms, back bacon, sausage, potato hash, baked beans. 12.00 (GF available)

Breakfast Ciabatta

Da bara ciabatta, Back bacon, sausage, fried egg, roasted cherry toms, mushroom. 8.00 (GF available)

Twisted Breakfast Ciabatta

Da bara ciabatta, potato hash, avocado, mushrooms, roasted cherry toms, Sriracha hot sauce. 8.00 (Vegan, GF available)

House Berry Granola

Coconut milk and strawberry yogurt, fresh berries, pistachio, mint, lavender honey. 6.5 (Vegan, no honey)

Allergies or dietary requirements please speak to one of the Sea Spray team