



Lunch

12.15pm – 3.00pm

*Balcony seating & Takeaway available,
eat on the beach!*



@seasprayfistral

Moules-Frites

Fowey mussels, classic cream and garlic sauce, fresh parsley, croutons, skinny fries for dipping. 15.00 (GF)

Sea Spray Burger

Da Bara brioche bun, 6oz aged Cornish beef patty, mature cheddar cheese, maple glazed bacon, salad, pickles, dill and Tewkesbury mustard sauce, green tom chutney, skinny fries, Sea Spray slaw. 12.00 (GF available)

Black Bean Burger

Da Bara ciabatta bun, house vegan patty, salad, pickles, dill and Tewkesbury mustard sauce, green tom chutney, skinny fries, Pico de Gallo. 12.00 (Vegan, GF available)

Chicken Burger

Da Bara brioche bun, chicken breast, sweet chili bacon, tomato and avocado salad, mango mayonnaise. 12.00 (GF available)

Open Po'boy Sandwich

Toasted sourdough with garlic oil, griddled prawns, Louisiana hot butter sauce, mixed leaf salad, sliced toms, creole remoulade, dill pickles. 10.00 (GF available)

Cornish sardines

Grilled sardine fillets, Greek salad, baked chili feta, lemon oil dressing, fresh oregano. 10.00

Summer salad

Herby new pots, French beans, fennel, radish, walnuts, Lemon and wild garlic dressing. 6.00 (Vegan) add grilled chicken or sardine fillets 5.00

Sides

Pepper' thyme skinny fries. 3.50

Cornish sea salt fries. 3.50

Lemon and garlic hummus & warm flat bread. 3.50

Sea Spray slaw. 3.00

Chipotle corn on the cob 5.00

Kids Menu

Burger & fries

Chicken burger & fries

Fish fingers & fries.

Served with kids salad 6.00

Allergies or dietary requirements please speak to one of the Sea Spray team.